



## LOVING GOD

THE FINAL AND MOST CRUCIAL LAYER IS LOVING GOD. THIS LAYER INFUSES THE ENTIRE LASAGNA WITH A DIVINE FLAVOR THAT MAKES EVERYTHING ELSE COME TOGETHER. LOVING GOD IS PARAMOUNT AND IS THE ULTIMATE SOURCE OF ALL OTHER LOVE.

## FORGIVENESS AND GRACE

FINALLY, THE GOLDEN, CHEESY TOP LAYER IS THE CROWNING GLORY OF THE LASAGNA, REPRESENTING FORGIVENESS AND GRACE. THIS IS THE LAYER THAT BRINGS EVERYTHING TOGETHER IN A PERFECT, SATISFYING FINISH.

## EVERY DAY ACTS OF LOVE

THE SPICES AND HERBS SPRINKLED THROUGHOUT THE LASAGNA REPRESENT THE EVERYDAY ACTS OF LOVE AND KINDNESS WE SHOW TO OURSELVES AND OTHERS.

## LOVING THOSE WHO BRING JOY

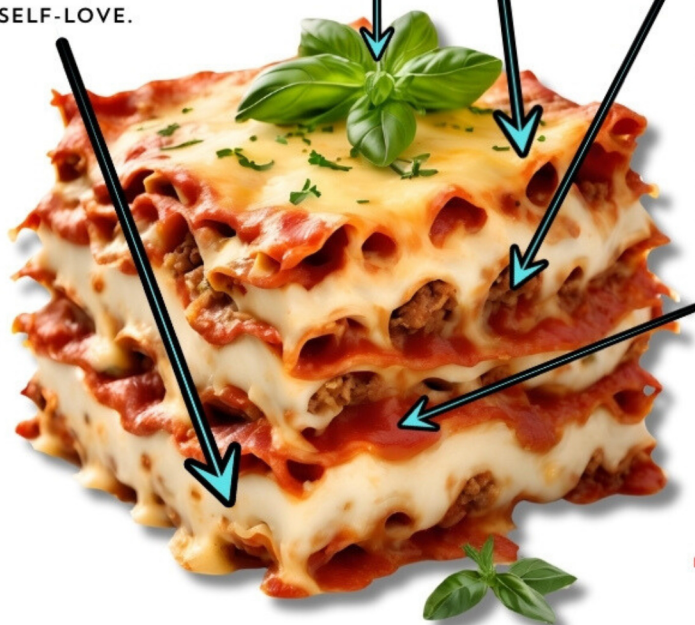
NEXT, WE HAVE THE HEARTY LAYERS OF MEAT AND CHEESE. THESE ARE THE FLAVORFUL, COMFORTING ELEMENTS THAT MAKE LASAGNA IRRESISTIBLE, AKIN TO THE PEOPLE WHO BRING JOY, SUPPORT, AND POSITIVITY INTO OUR LIVES.

## SELF-LOVE

THE BASE OF OUR LASAGNA IS THE STURDY PASTA LAYER, WHICH HOLDS EVERYTHING TOGETHER. IN TERMS OF LOVE ABILITY, THIS REPRESENTS SELF-LOVE.

## LOVING THOSE WHO CHALLENGE US

THE RICH TOMATO SAUCE IN A LASAGNA ADDS A TANGY ZEST AND BRINGS ALL THE INGREDIENTS TOGETHER. THIS LAYER REPRESENTS LOVING THOSE WHO CHALLENGE US—THE ONES WHO MAY BE DIFFICULT TO DEAL WITH BUT ULTIMATELY CONTRIBUTE TO OUR GROWTH AND RESILIENCE.



LASAGNA OF  
**LOVE  
ABILITY**